

## **MASCC Workshop Application: Nutrition and Cachexia Study Group**

### **Name of SG Chairs submitting:**

Liz Isenring

### **Name of MASCC members or Co-Chair Approving Submission:**

- David Blum (Nutrition & Cachexia)
- Florian Strasser (Nutrition & Cachexia)
- Jan Arends (Nutrition & Cachexia)
- Sami Antoun (Nutrition & Cachexia)
- Irma Verdonck (Rehabilitation, Survivorship, and Quality of Life, Psycho-oncology)

**Title of Workshop:** Care Pathways

### **Format of the Program:**

- Short presentations
- Active audience participation: group work (5 groups)
- Panel discussion with whole group

**Targeted Group(s) of Workshop:** This workshop targets all professions who work in the area of supportive care and those MASCC study groups that may have an interest in exploring Care Pathways with a focus on the following disciplines: Nutrition, Speech pathology and Cachexia, Psycho-oncology/psycho-social, Rehabilitation and Palliative care.

### **Proposed Agenda with Speaker Suggestions:**

#### **AGENDA CARE PATHWAYS**

#### **8.30 – 8.35 Welcome and Introduction**

(5 mins) *Liz Isenring*

#### ***Case – Vignette***

- ***Assessment***
- ***Quality Indicators***
- ***Interventions***

#### **8.35 – 8.50 *Dietitian/Nutritionist***

(15 mins) *Liz Isenring*

#### **8.50 – 9.05 **Psycho-oncology & Speech Pathology****

(15 mins) *Irma Verdonck*

**9.05 – 9:20 Palliative Care**  
(15 mins) *Janet Abraham*

**9.20 – 9.35 Rehabilitation**  
(15 mins) *Martin Chasen*

**9.35 – 09.50 Cachexia clinics expert**  
(15 mins) *David Blum*

Presentation of evidence-based and published models or concepts on how to integrate these five disciplines into the care pathway using the case vignette, covering: Assessment, Quality Indicators and Interventions (10min presentation 5 min discussion)

**9.50 – 10:00 BREAK**  
(10 mins)

**10:00 – 10.20 Group Work 5 Groups**

The speakers break up into the five groups and act as discussion facilitators.

**Situations from own experience**

Backup two case vignettes, for all the groups.

A presenter from each group is designated (not the speakers), who will feed back to the plenary.

**10.20-10.40 Feedback from groups and discussion**

**All five speakers are leading the discussion**  
**Presentation of the individual experiences from the groups**

Discussion about the common cases (vignettes).  
Different models, similarities, differences

**10.40 -11.00**

**Summary:**

- Output: Article with example/agreed pathways
- Next Steps: action plan
- Next Workshop 2015 - potential topics

**Educational Objectives:**

- Evidence of different pathways
- Different models
- Different practices in different countries
- Stage- and tumor-specific services