

MASCC/ISOO Palliative Care-Psychosocial Study Group Joint Workshop Application

Name of MASCC member submitting:

Ian Olver

Name of SG Chair or Co-Chair Approving Submission:

- David Hui/Mellar Davis/Andrew Davies – Palliative Care SG Co-Chairs
- Antonella Surbone/Lea Baider/Lois Ramondetta – Psychosocial SG Co-Chairs

Title of Workshop: Spiritual wellbeing across cancer care

Format of the Program:

- Short presentations
- Active audience participation (experiential session with dignity therapy)
- Panel discussion with whole group

Proposed Agenda with Speaker Suggestions:

AGENDA

Spiritual Wellbeing across Cancer Care

8.00 – 8.10 (5 mins)	Welcome and Introduction <i>David Hui and Lois Ramondetta</i>
8.10 – 8.30 (20 mins)	Can We Really Assess Spirituality and How? <i>Marvin Delgado-Guay</i>
8.30 – 8.50 (20 mins)	How MASCC Members Feel about Spirituality? <i>Lois Ramondetta</i>
8.50 – 9:10 (20 mins)	Spiritual Wellbeing and Quality of Life in Patients with Cancer <i>Ian Olver</i>
9.10 – 9.30 (20 mins)	Types of Suffering in Palliative Care <i>Mellar Davis</i>
9:30 – 9:50 (20 mins)	Spirituality/Religiosity and Health Outcomes in Patients with Advanced Cancer <i>David Hui</i>
9:50 – 10:10 (20 mins)	Chaplaincy and Provision of Spiritual Care <i>Tatsuya Konishi</i>
10:10 – 10:30 (20 mins)	BREAK
10:30-10.50 (20 mins)	Dignity therapy: Theory and Clinical Outcomes <i>Harvey Chochinov</i>

10.50 – 11.25 Dignity therapy: A Case Example

(35 mins) *Harvey Chochinov*

11:25 – 11.55 Panel of Speakers to Discuss Questions/Comments from Attendees

(30 mins) *Harvey Chochinov, Mellar Davis, David Hui, Ian Olver, Lois Ramondetta & Marvin Degado Guay*

11.55 -12.00 Summary and Next Steps

(5 mins) *Lois Ramondetta & David Hui*

Educational Objectives:

- Understand the complexities in defining spirituality and religiosity
- Explore the current attitude of clinicians to providing spiritual care
- Recognize the specific contribution of spiritual wellbeing to quality of life
- Identify existential suffering and how to manage it as part of palliative care
- Examine the associations between spirituality and symptoms/health outcomes in patients with advanced cancer
- Become familiar with some common measurement scales of spirituality
- Review the key role of pastoral care
- Learn about dignity therapy both in theory and in practice